

Feelings

Here is a listing of words that describe feelings. If you are having difficulty putting a name on your feeling, this list may help you find the right word.

abandoned -- absent-minded -- abused -- accepted -- accused -- admired -- adored -- adrift -- affectionate -- afraid -- aggravated -- aggressive -- agitated -- alarmed -- alert -- alienated -- alive -- alone -- aloof -- alluring -- amazed -- ambushed -- amused -- angry -- antagonistic -- anxious -- apathetic -- appalled -- apologetic -- appreciated -- appreciative -- apprehensive -- aroused -- ashamed -- astonished -- attacked -- attractive -- aware -- awestruck -- awkward

bad -- baffled -- bashful -- beaten down -- belittled -- benevolent -- berated -- betrayed -- bewildered -- bitter -- blamed -- blue -- bold -- bored -- bothered -- brave -- broken -- bummed -- burdened -- burned-out

calm -- capable -- carefree -- careless -- caring -- cautious -- censored -- centred -- certain -- challenged -- charmed -- cheated -- cheerful -- cherished -- childish -- clean -- clear -- clever -- close -- closed -- clueless -- clumsy -- cold -- comfortable -- committed -- compassionate -- competent -- competitive -- complacent -- complete -- concerned -- condemned -- confident -- confused -- considerate -- contemplative -- contempt -- content -- controlled -- convicted -- cornered -- courageous -- cowardly -- cranky -- crazy -- cross -- crushed -- curious

daring -- dashed -- dazed -- dead -- deceived -- dedicated -- defeated -- defenceless -- defensive -- defiant -- degraded -- dejected -- delicate -- delighted -- demoralized -- dependent -- depressed -- deprived -- deserted -- desired -- despair -- desperate -- destroyed -- detached -- determined -- devastated -- devious -- devoted -- different -- difficult -- dirty -- disappointed -- disbelieving -- discarded -- disconnected -- discontent -- discouraged -- disgraced -- disgusted -- disheartened -- dishonest -- disillusioned -- dismal -- dismayed -- disobedient -- disorganized -- disposable -- distant -- distracted -- distressed -- disturbed -- doubtful -- drained -- dropped -- dull -- dumb

eager -- ecstatic -- edgy -- effective -- embarrassed -- empathetic -- empty -- enchanted -- encouraged -- energetic -- energized -- elated -- enlightened -- enraged -- enriched -- entertained -- enthusiastic -- envious -- evasive -- evil -- exasperated -- excited -- excluded -- exhausted -- exhilarated -- expectant -- exploited -- exposed -- exuberant

faithful -- fake -- fantastic -- fatigued -- fearful -- fearless -- feisty -- fine -- flustered -- foolish -- forgiven -- forgiving -- forgotten -- fortunate -- framed -- frantic -- free -- friendly -- frightened -- frisky -- frustrated -- fulfilled -- full -- funny -- furious

generous -- gentle -- giving -- grieving -- glorious -- good -- grateful -- great -- glad -- gloomy -- grouchy -- grumpy -- guarded -- guilty -- gullible

handicapped -- happy -- hateful -- haunted -- healthy -- heard -- heartbroken -- helpful -- helpless -- hesitant -- honoured -- hopeful -- hopeless -- horrible -- horrified -- hospitable -- hostile -- humble -- humiliated -- hurt -- hysterical

idealistic -- idiotic -- ignorant -- ignored -- imaginative -- immune -- impatient -- impelled -- imperfect -- impertinent -- important -- impressed -- impulsive -- inadequate -- inattentive -- incensed -- incompetent -- incomplete -- incredulous -- indebted -- indecisive -- independent -- indifferent -- industrious -- inept -- inferior -- inflated -- informed -- infuriated -- inhibited -- innocent -- innovative -- inquisitive -- insane -- insecure -- insensitive -- insignificant -- isolated -- insulted -- intense -- interested -- interrogated -- interrupted -- intimidated -- intimate -- intrigued -- invigorated -- invisible -- involved -- irrational -- irresponsible -- irritated -- irked

jaded -- jealous -- jinxed -- jolly -- jovial -- joyful -- jubilant -- judged -- judgmental -- jumpy -- just -- justified

kidded -- kind -- knowledgeable

late -- lazy -- leery -- left out -- let down -- liable -- liberated -- lifeless -- light-hearted -- liked -- listened to -- logical -- lonely -- loose -- lost -- lousy -- lovable -- loved -- loving -- lucky

mad -- manipulated -- mean -- meditative -- melancholy -- merry -- mischievous -- miserable -- misinterpreted -- mistreated -- misunderstood -- mixed up -- mocked -- modest -- molested -- moody -- motivated -- moved -- mystified

naive -- nasty -- needed -- needy -- negative -- neglected -- nervous -- neurotic -- nonchalant -- nostalgic -- noticed -- numb

obeyed -- obligated -- obvious -- odd -- offended -- old -- open -- oppressed -- optimistic -- ornery -- out of control -- outraged -- overcome -- overjoyed -- overloaded -- overwhelmed -- overworked -- owned

pampered -- paralysed -- passionate -- passive -- patient -- peaceful -- peeved -- pensive -- perky -- perplexed -- persecuted -- pessimistic -- pestered -- petrified -- petty -- phony -- pious -- playful -- pleased -- poor -- possessive -- positive -- powerful -- powerless -- practical -- pressured -- private -- productive -- protected -- protective -- proud -- provoked -- prudish -- punished -- pushy -- puzzled

questioned -- quiet

rambunctious -- reassured -- realistic -- rebellious -- reborn -- receptive -- reckless -- recognized -- reconciled -- reflective -- refreshed -- regretful -- rejected -- rejuvenated -- relaxed -- released -- relieved -- reluctant -- reminiscent -- remorse -- renewed -- replaced -- replenished -- repressed -- rescued -- resentful -- reserved -- resistant -- resourceful -- respected -- responsible -- restricted -- revengeful -- revitalized -- rich -- ridiculous -- right -- rigid -- robbed -- romantic -- rotten -- rushed

sabotaged -- sad -- safe -- sassy -- satisfied -- saved -- scared -- scolded -- scorned -- secure -- seductive -- self-assured -- self-centred -- self-confident -- self-conscious -- self-destructive -- self-reliant -- selfish -- sensitive -- sentimental -- serene -- serious -- sexy -- skilful -- shamed -- shaken -- sheepish -- shocked -- shunned -- shy -- sick -- silenced -- silly -- sincere -- sinful -- slandered -- sluggish -- small -- smart -- smothered -- sceptical -- solemn -- soothed -- sorry -- special -- spiteful -- splendid -- spunky -- squashed -- stifled -- stimulated -- stingy -- strained -- stretched -- stressed -- strong -- stubborn -- stumped -- stunned -- stupid -- submissive -- successful -- suicidal -- suffocated -- sullen -- sunk -- super -- superior -- supported -- sure -- surly -- surprised -- suspicious -- sympathetic

tacky -- tactful -- talented -- talkative -- tame -- tarnished -- tasteful -- tearful -- teased -- tenacious -- tender -- tense -- tepid -- terrible -- terrific -- terrified -- tested -- testy -- thankful -- thoughtful -- threatened -- thrifty -- thrilled -- tired -- tormented -- torn -- tortured -- tough -- tragic -- tranquil -- transformed -- trapped -- treasured -- trembly -- tremendous -- tricked -- troubled -- trusted

ugly ~~ unaccepted ~~ unappreciated ~~ unbalanced ~~ unburdened ~~ uncanny ~~ uncomfortable ~~ unconcerned ~~ uneven ~~ unfit ~~ unfriendly ~~ united ~~ unjust ~~ unknown ~~ unneeded ~~ unpleasant ~~ unreal ~~ unruly ~~ unwise ~~ uplifted ~~ used ~~ useless

vacant ~~ vague ~~ vain ~~ valid ~~ valued ~~ vexed ~~ vicious ~~ victimized ~~ victorious ~~ violated ~~ vivid ~~ void

wacky ~~ warlike ~~ warm ~~ warm-hearted ~~ warned ~~ wary ~~ wasted ~~ weak ~~ wealthy ~~ weary ~~ weird ~~ whole ~~ wild ~~ wilful ~~ wishful ~~ witty ~~ worldly ~~ worse ~~ worthy ~~ wounded ~~ wrong

yearning ~~ yellow ~~ yielding ~~ young ~~ youthful

zany ~~ zealous

Some other products from [RecoverOz](https://www.recoveroz.com.au) which may help include

1. [How Are You Feeling?](#) Poster – Laminated

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